

**George T Matsuda, MD FACOG**

**AESTHETIC HISTORY AND PHYSICAL**

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Medical Record #: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Last Menses (1"Day): \_\_\_\_\_

Pregnancies: \_\_\_\_\_ Births: \_\_\_\_\_ (Vaginal \_\_\_\_\_ Caesarean \_\_\_\_\_) Miscarriages: \_\_\_\_\_ Abortions: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone (Home): \_\_\_\_\_ Allergies: None (NKA)

Phone (Work): \_\_\_\_\_ Yes \_\_\_\_\_

Phone (Cell): \_\_\_\_\_

Phone (Fax): \_\_\_\_\_

Email: \_\_\_\_\_

How did you hear about us? Referred by: \_\_\_\_\_

**CHIEF COMPLAINT** (Why you want to see the doctor today?)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**INTERESTED IN AESTHETIC LABIAL AND/OR VAGINAL SURGERY**

- |   |   |
|---|---|
| <input type="checkbox"/> I want aesthetic vaginal surgery                         | <input type="checkbox"/> I have had difficult births          |
| <input type="checkbox"/> My labia are large /looser than what I want              | <input type="checkbox"/> My vagina feels too loose inside     |
| <input type="checkbox"/> I do not like the way my labia looks                     | <input type="checkbox"/> I have decreased sensations          |
| <input type="checkbox"/> My labia rug, tug, and pull on my clothing I want        | <input type="checkbox"/> I feel pelvic heaviness/pressure     |
| <input type="checkbox"/> I am unable to wear type of clothing                     | <input type="checkbox"/> Sex is uncomfortable/unpleasant      |
| <input type="checkbox"/> I have had unflattering comments about my genital region | <input type="checkbox"/> I am interested in G-Spot treatments |

**INTERESTED IN NON-SURGICAL THERMIVA**

- |  |   |
|--|---|
| <input type="checkbox"/> To tighten the labia majora             | <input type="checkbox"/> To improve vulvar and vaginal moisture |
| <input type="checkbox"/> To tighten the vagina                   | <input type="checkbox"/> To improve sensitive of tissues        |
| <input type="checkbox"/> To treat a leaky bladder                | <input type="checkbox"/> To improve or achieve orgasms          |
| <input type="checkbox"/> TO reduce urinary urgency and frequency | <input type="checkbox"/> Reduce painful intercourse             |

**INTERESTED IN AESTHETIC LASERS/IPL/RADIOFREQUENCY TREATMENTS**

- |  |  |
|--|--|
| <input type="checkbox"/> I want Vulvar lightening                | <input type="checkbox"/> I want Skin Tightening              |
| <input type="checkbox"/> I want to remove brown spots/sun damage | <input type="checkbox"/> I want Stretch Marks/Scar Reduction |
| <input type="checkbox"/> I want Collagen/Vitamin C Facial        | <input type="checkbox"/> I want Hair or/and Vein reduction   |

**PAST MEDICAL HISTORY/REVIEW OF SYSTEMS: Circle all that apply, Give details**

Skip this section. I am completely healthy without any conditions mentioned below.

Are you physically active?  
What type of exercise? \_\_\_\_\_

Do you now have or have you ever had:  Yes  No \_\_\_\_\_

Neurologic problems (seizures, headaches, weakness, paralysis)?  Yes  NO \_\_\_\_\_

Psychiatric problems? Depression? Mania? Bipolar?  Yes  NO \_\_\_\_\_

Head/Ear/Eyes/Nose/Throat Problems?  Yes  NO \_\_\_\_\_

Thyroid problems or glandular problems?  Yes  NO \_\_\_\_\_

Cardiac (heart) problems? Palpitations? Chest Pain? Irregular Be:  Yes  NO \_\_\_\_\_

Lung problems? Asthma? Short of Breath?  Yes  No \_\_\_\_\_

Breast Problem? Mass? Lumpiness? Discharge? Pain?  Yes  No \_\_\_\_\_

Gastrointestinal (stomach) problem (gas, reflux, irritable bowel)?  Yes  No \_\_\_\_\_

Kidney or bladder disease? Stones? Infections? Blood in urine?  Yes  No \_\_\_\_\_

Liver problems such as hepatitis?  Yes  No \_\_\_\_\_

Hematologic problems such as bleeding or anemia?  Yes  No \_\_\_\_\_

Diabetes (insulin dependent/oral medication) or low sugar?  Yes  No \_\_\_\_\_

Musculoskeletal (bones, joints, muscles) problems?  Yes  No \_\_\_\_\_

Circulation problems (varicose veins, thrombosis, blood clots)?  Yes  No \_\_\_\_\_

Cancer or Pre-Cancerous Conditions  Yes  No \_\_\_\_\_

High Blood Pressure or Low Blood Pressure/Fainting Spells  Yes  No \_\_\_\_\_

Hernias in the abdomen?  Yes  No \_\_\_\_\_

Problems with anesthesia, nausea, anxiety reaction?  Yes  No \_\_\_\_\_

Std (HIV, Gonorrhea, Chlamydia, nausea, anxiety reaction?  Yes  No \_\_\_\_\_

Other Problems: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**PAST SURGERIES OR PROCEDURES OR HOSPITALIZATION**

NONE

Please list with date:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**FAMILY HISTORY:** (Write which has occurred in any blood relative and write relationship to you):

\_\_\_\_\_ None significant  
 \_\_\_\_\_ Family \_\_\_\_\_  
 \_\_\_\_\_

**SOCIAL HISTORY:**

Marital status: S M W D

Education: \_\_\_\_\_

Occupation:  Not Working  Working where Working \_\_\_\_\_  
 What Occupation \_\_\_\_\_

Tobacco use:  No  yes Caffeine use:  No  Yes  
 Alcohol use:  No  Yes Other Drugs:  No  Yes  
 Abuse:  No  Yes Describe \_\_\_\_\_

**MEDICATIONS:**

NONE  SEE ATTACHED LIST

Please list all current medications and dosages  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**EXAMINATION:**

Constitutional: Ht \_\_\_\_\_ Wt \_\_\_\_\_ BMI \_\_\_\_\_

Temp \_\_\_\_\_ BP \_\_\_\_\_ Pulse \_\_\_\_\_ Respiration \_\_\_\_\_

	<b>Normal</b>	<b>Abnormal</b>
Appearance	[ ]	[ ]
NEENT	[ ]	[ ]
Heart:	[ ]	[ ]
Lungs:	[ ]	[ ]
Breast/Chest:	[ ]	[ ]
Abdomens:	[ ]	[ ]
Extremes:	[ ]	[ ]
Skin:	[ ]	[ ]
Lymph Nodes	[ ]	[ ]
Nerves	[ ]	[ ]
Pelvic	[ ]	[ ]

**Other:**

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**Drawings/Measurement:**

**IMPRESSION:**

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**PLAN & RECOMMENDATIONS:**

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**DISCUSSIONS:**

- Risks/Benefits/Options of procedure
- Meet With Finance/Business Office
- Meet with Scheduler
- Read Education Materials
- Review Website Videos and Articals
- Review Pre and Post Op Instructios
- Discuss/Schedule Pre & Post Op Photos
- Skin care and Sun Exposure

POLLOW UP \_\_\_\_\_Days    \_\_\_\_\_Weeks    \_\_\_\_\_Months    \_\_\_\_\_Years/s

PATIENT SIGNATURE \_\_\_\_\_

DOCTOR SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_